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TIDEWELL FOUNDATION

CARING QUARTERLY

WHERE COMPASSION COMES TO LIFE

When Learning About Dementia Inspires Compassion



SUMMER 2026

Spotlight When Compassion Begins with Learning

This Year's Lakeside Legacy Walk

Courageously Impactful Moments

Dear Donors and Friends,

Your generous gifts to the Tidewell Foundation significantly impact our ability to extend full life care to patients, their families, and those navigating challenging health journeys. The programs and services offered throughout Sarasota, Manatee, Charlotte, and DeSoto counties touch countless individuals and create a ripple effect of empathy, compassion, and engagement.

In this issue of Caring Quarterly, you will learn about a recent educational session that provided a group of financial professionals from Caldwell Trust firsthand experience with the challenges of living with dementia. Unique simulation technology provided a powerful glimpse into the reality of cognitive decline. Participants left feeling better prepared to anticipate and recognize needs and offer greater empathy when serving clients and their families.

This kind of benevolence, choosing to learn so you can support and serve in meaningful ways, is philanthropy in its truest form.

We are profoundly grateful for supporters like you. Your contributions allow the Tidewell Foundation to fund innovative and transformational programs that directly serve patients and their families and extend into the community.

We invite you to join us at upcoming events. **The Lakeside Legacy Walk will take place on October 31, 2026**, and we hope you will join us as a walker, fundraiser, or volunteer. Please save the date for Tidewell Foundation's **Signature Luncheon on March 12, 2027**, which promises to be another afternoon of inspiration and hope honoring veterans and celebrating donors.

Thank you for making it possible for compassion to reach even further into the surrounding community. Your support brightens lives, one moment at a time.

Warm regards,



April Kauffman, MHL
Interim President
Tidewell Foundation
VP of Philanthropy & Foundation Advancement
Empath Health



Tom Stuhley
Board Chair
Tidewell Foundation

Brightening Lives for Full Life Care.



Your Generosity Creates Change

If you're 70½ or older, you can use your IRA to make a year-end gift (up to $111,000) to the Tidewell Foundation.

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A Tax-Saving Way to Help the Tidewell Foundation. Make a difference today and save on taxes. It is possible when you support the Tidewell Foundation through your IRA.

Why Consider This Gift?

- Your gift will be put to use today, allowing you to see the difference your donation is making.
- If you are required to take a minimum distribution, you can use your gift to satisfy all or part of your obligation.
- You pay no income taxes on the gift. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your deductions.
- Since the gift doesn't count as income, it can reduce your annual income level. This may help lower your Medicare premiums and decrease the amount of Social Security that is subject to tax.

It's more than a financial decision - it's a legacy of comfort, dignity, and love for families facing life's most tender moments. **Scan the QR code for frequently asked questions.**

CONTACT VALERIE VITALE, CFRE

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TidewellFoundation.org | Stay Connected at

Spotlight

When Compassion Begins with Learning



Thank you for allowing our Caldwell team to participate in the Dementia Education program yesterday. It was beyond helpful and impactful. It might seem odd for financial professionals to need this training, but we work with many aging clients. In our relationship intense interactions, our trust officers are frequently the first to notice the physical and mental declines in our clients. At times, we are the ones notifying family members of the need for more oversight. And there are also times we must make judgment calls on the capacity of the clients we serve. The training not only helped us identify signs of dementia but also taught us the communication tools to be able to interact with our clients in a more caring and meaningful way.

All of us felt it was a very valuable experience that deepened our understanding of dementia and gave us resources to share with our families desperately in need of them. Please share our deepest appreciation to the Suncoast and Tidewell teams that provided this service to Caldwell.

-Jan Miller, Caldwell Trust, Senior Executive Vice President & Trust Officer
Tidewell Foundation Board of Trustee

A recent dementia education session served as a powerful reminder that philanthropy comes in many forms.

Not because anyone wrote a check, but because a room full of busy professionals chose to give something just as valuable: their time.

The team from Caldwell Trust Company participated in the Empath Dementia Education Program, which offers educational workshops, community presentations, professional training and immersive learning experiences, including the Second Wind Dreams® Virtual Dementia Tour®. Together, these programs foster greater understanding of the experiences of people living with dementia and those who care for them.

As they engaged with the material, asked thoughtful questions, and reflected on what they learned, it became clear that philanthropy is ultimately about improving the lives of others—and sometimes this begins with knowledge.

By investing their time in learning, these professionals are better equipped to recognize signs of cognitive decline, communicate with greater empathy, and support clients and families navigating difficult circumstances. Thank you to Jan Miller and the Caldwell team for demonstrating that compassion is not limited to healthcare. It belongs in every profession and every community.

This is the kind of philanthropy that creates lasting impact.

A Colleague's Perspective

As someone navigating the daily realities of caring for my Mom with dementia, this training was both eye-opening and deeply moving. The Virtual Dementia Tour transformed knowledge I had previously gained into understanding. It provided a powerful glimpse into the world my Mom may be experiencing and helped me better appreciate the emotional and physical challenges that accompany this disease. I left with greater compassion, patience, and a renewed commitment to providing the best care and support possible. **-Lorraine, Administrative Manager**

To learn more and to support our mission, visit TidewellFoundation.org

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HEROES, HOPE + HOME



YOUR INVESTMENT

- ★ Trauma-Informed Bereavement Care and Training, Education, and Certifications
- ★ Recognition That Heals and Legacy Preservation
- ★ Market Specific Projects: Memorial Gardens
- ★ Strategic Leadership and Workforce Capacity for Excellence
- ★ Endowment for Sustainability

VETERAN'S MEMORIAL GARDEN

- ★ $1 Million Goal

Contact Valerie Vitale for more information at (941) 416-2968.

Upcoming Events

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LAKESIDE LEGACY Walk 2026

ETERNALLY HOPEFUL



OCTOBER 31, 2026

Nathan Benderson Park | Sarasota, FL
Event Opens: 8 a.m. | Walk: 9 a.m.

This event brings together families, friends, and community partners for a meaningful morning of remembrance, hope, and connection while honoring loved ones and supporting compassionate hospice care.
Visit TidewellWalk.org

REGISTER FOR **FREE TODAY**
(registration required)

Enjoy activities that include:

- Photo Booth
- Kid's Zone
- Memory Maker Fan
- Butterfly Memorial
- Awards & Entertainment
- Water & Snack Stations

Pet Costume Contest!

Celebrate your loved one with a custom keepsake Tribute Sign, available with advance purchase.

Fundraise in memory of your loved one and earn fun incentive prizes along the way.

28th ANNUAL 1905 Family Of Restaurants COMMUNITY HARVEST

Dine Out for Tidewell This September Make a difference for hospice patients and their families by dining at the **Columbia, Cha Cha Coconuts, or any 1905 Family of Restaurants during their 29th Annual Community Harvest, September 1-30, 2026**. Select **Tidewell Hospice** from the list of participating charities and a portion of your food and beverage purchase will be donated – at no additional cost to you!

Contact Morgan with questions at 941-290-4850.

*Interested in learning more, becoming a sponsor, or registering? **Visit tidewellfoundation.org/events***

Courageously Impactful MOMENTS

Welcome New Board Members



John Kushman As a Wealth Advisor, John provides comprehensive wealth management strategies for high and ultra-high net worth individuals, families and business owners, tailored to their unique needs. He coordinates specialized services across Investment Management, Private Banking, Trust and Estate Services, Wealth Planning, and Business & Practice Owner Services, working closely with clients' attorneys and accountants to help build and preserve wealth while pursuing their goals.



Matthew B. Mayper is a Shareholder and Senior Counsel at Fergeson Skipper, P.A. in Sarasota. Board Certified in Tax Law by The Florida Bar, he concentrates his practice in tax planning, estate planning, trust and estate administration, business organization, and guardianship matters. Mr. Mayper is actively involved in professional and community organizations and has previously served as Chair of Tidewell Hospice's Board of Trustees as well as the Pines of Sarasota Foundation Board of Trustees.

Songs That Bring Patients Back to Life

"An elderly patient living with Parkinson's dementia and a history of multiple strokes has found comfort and connection through music therapy. Her daughter has been her primary and solo caregiver for over six years. Music therapy has been invaluable in creating meaningful moments between the patient and her daughter as the patient declines and becomes bedbound and less interactive. Some of the patient's favorite songs are "Country Roads," "You Are My Sunshine," and "I Love You a Bushel and a Peck." These songs bring the patient out of her shell, allowing her to sing along and show her witty and humorous personality and facilitating special moments between the patient and her daughter."

-Tidewell Hospice, Music Therapist





Music Therapy

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Research shows that music therapy is a powerful complement to traditional medical care, helping reduce pain, ease stress, and improve overall well-being. Through Tidewell's Music Therapy program, our board-certified music therapists use the healing power of music to provide comfort, promote relaxation, and enhance quality of life for patients and their families.

"It's wonderful to have a song that shares our special love of a lifetime"

-Gloria, Patient at Tidewell Hospice

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We're Here to Help You Plan

No matter how you donate—or how much—the philanthropy team is available to help you plan your gift.

Dignity® MEMORIAL

Tidewell Foundation is grateful to our sustaining annual corporate partner for their ongoing sponsorship of the Foundation's work.

DONATE

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